

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

Menu Name: SECONDARY BREAKFAST

Include Cost: No

Site:

Report Style: Detailed

Tuesday - 09/03/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000504 BISCUIT SANDWICH	SANDWICH	1	420	27.00
000662 CEREAL VARIETY	CEREAL	1	112	22.75
Weighted Daily Average			532	49.75
% of Calories				37.4%
Weekly Nutrient Guideline			450 - 600	

Wednesday - 09/04/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000616 Dutch Waffle	FUNNEL CAKE	1	300	43.00
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000093 TOAST CINNAMON	SLICES	1	151	19.86
Weighted Daily Average			690	98.61
% of Calories				57.2%
Weekly Nutrient Guideline			450 - 600	

Thursday - 09/05/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000541 BISCUIT & GRAVY	SERVING	1	300	33.33
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
Weighted Daily Average			852	119.94
% of Calories				56.3%
Weekly Nutrient Guideline			450 - 600	

Friday - 09/06/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
Weighted Daily Average			552	86.61
% of Calories				62.8%
Weekly Nutrient Guideline			450 - 600	

Monday - 09/09/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001155 BURRITO CHEESY EGG	BURRITO	1	577	39.38
Weighted Daily Average			1129	125.99
% of Calories				44.6%
Weekly Nutrient Guideline			450 - 600	

Tuesday - 09/10/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000504 BISCUIT SANDWICH	SANDWICH	1	420	27.00
Weighted Daily Average			972	113.61
% of Calories				46.8%
Weekly Nutrient Guideline			450 - 600	

Wednesday - 09/11/2019

Reimbursable Meal Total 1

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Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000891 PANCAKE N SAUSAGE STICK	STICK	1	220	22.00
Weighted Daily Average			772	108.61
% of Calories				56.3%
Weekly Nutrient Guideline			450 - 600	

Thursday - 09/12/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000541 BISCUIT & GRAVY	SERVING	1	300	33.33
Weighted Daily Average			852	119.94
% of Calories				56.3%
Weekly Nutrient Guideline			450 - 600	

Friday - 09/13/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000664 DONUT LONG JOHN RICHES	SERVING	1	406	53.17
Weighted Daily Average			958	139.78
% of Calories				58.4%
Weekly Nutrient Guideline			450 - 600	

Monday - 09/16/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
990029 SCRAMBLED EGGS *RESIZED*	1/2 CUP	1	182	6.40
Weighted Daily Average			734	93.00
% of Calories				50.7%
Weekly Nutrient Guideline			450 - 600	

Tuesday - 09/17/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00

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Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000504 BISCUIT SANDWICH	SANDWICH	1	420	27.00
Weighted Daily Average			972	113.61
% of Calories				46.8%
Weekly Nutrient Guideline			450 - 600	

Wednesday - 09/18/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000985 WAFFLES JUMBO AUNT JEMIMA	2 WAFFLES	1	200	32.00
000526 WAFFLES	2 WAFFLES	1	220	33.00
000797 MINI WAFFLES MAPLE	PKG	1	210	38.00
000762 MINI WAFFLES BLUEBERRY	PKG	1	210	37.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
001022 SYRUP PANCAKE	TBSP	1	46	12.06
Weighted Daily Average			1438	238.67
% of Calories				66.4%
Weekly Nutrient Guideline			450 - 600	

Thursday - 09/19/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000541 BISCUIT & GRAVY	SERVING	1	300	33.33
Weighted Daily Average			852	119.94
% of Calories				56.3%
Weekly Nutrient Guideline			450 - 600	

Friday - 09/20/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
001068 MUFFIN PUCK	MUFFIN	1	170	19.00
000951 MUFFIN I/W	PKG	1	180	30.00
Weighted Daily Average			902	135.61
% of Calories				60.1%
Weekly Nutrient Guideline			450 - 600	

Monday - 09/23/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
001155 BURRITO	BURRITO	1	577	39.38

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CHEESY EGG				
Weighted Daily Average			1129	125.99
% of Calories				44.6%
Weekly Nutrient Guideline			450 - 600	

Tuesday - 09/24/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000504 BISCUIT SANDWICH	SANDWICH	1	420	27.00
Weighted Daily Average			972	113.61
% of Calories				46.8%
Weekly Nutrient Guideline			450 - 600	

Wednesday - 09/25/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Sep 3, 2019 thru Sep 30, 2019

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
000650 PANCAKES MINI MAPLE	PKG	1	220	39.00
000651 PANCAKES MINI STRAWBERRY	PKG	1	220	40.00
001022 SYRUP PANCAKE	TBSP	1	46	12.06
000948 PANCAKE AUNT JEMIMA	2 PANCAKES	1	140	27.99
Weighted Daily Average			1178	205.66
% of Calories				69.8%
Weekly Nutrient Guideline			450 - 600	

Thursday - 09/26/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00

Base Menu Spreadsheet

Portion Values

000489 MILK VARIETY	CARTON	1	102	16.00
000541 BISCUIT & GRAVY	SERVING	1	300	33.33
Weighted Daily Average			852	119.94
% of Calories				56.3%
Weekly Nutrient Guideline			450 - 600	

Friday - 09/27/2019

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
001068 MUFFIN PUCK	MUFFIN	1	170	19.00
000951 MUFFIN I/W	PKG	1	180	30.00
Weighted Daily Average			902	135.61
% of Calories				60.1%
Weekly Nutrient Guideline			450 - 600	

Monday - 09/30/2019

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Carb (g)
000662 CEREAL VARIETY	CEREAL	1	112	22.75
000495 TOAST	SLICES	1	126	13.00
000093 TOAST CINNAMON	SLICES	1	151	19.86
000983 JUICE CUP	CUP	1	60	15.00
000489 MILK VARIETY	CARTON	1	102	16.00
990042 Egg Casserole	1 cup	1	272	2.38
Weighted Daily Average			824	88.99
% of Calories				43.2%
Weekly Nutrient Guideline			450 - 600	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.